

**Date of Procedure:** \_\_\_\_\_ **Time:** \_\_\_\_\_

(IMPORTANT: You must arrive 30 minutes prior to your appointment. **You must arrange for a friend or relative to arrive with you and stay present in the facility until the procedure is over.**)

**Phone:** (847) 247-0187

**Arrive at:** \_\_\_\_\_

**Location: NSG Gurnee Endoscopy**  
731 S. IL Route 21, Suite 150  
Gurnee, IL 60031

You are scheduled for an Esophagogastroduodenoscopy, EGD. An EGD is an examination of the inside of your esophagus, stomach and first part of the small intestine. This will be done with a fiberoptic endoscope, which is a flexible lighted tube that directly visualizes the inside of your gastrointestinal tract.

Read these instructions carefully at least one week prior to your exam. For more information about the benefits and risks of colonoscopy, please refer to the information pamphlet given to you, or call our office for additional information.

**Please Contact your PCP/Cardiologist for cardiac clearance if any of the following relate to your current health:**

- You are currently being treated for a cardiac condition.
- You have a **cardiac stent** and are taking a prescription medication.
- If you are currently taking any “blood thinners”; such as Plavix, Coumadin or Lovenox to receive medication.
- You have a pacemaker or defibrillator please let our office know immediately.

**Medication and Diet Instructions:**

Five days before the procedure:

1. Stop taking medications listed below:
  - Coumadin (Warfarin)
  - Plavix (clopidogrel)
  - Pradaxa (dabigatran) - 2 Days
  - Lovenox - 1 Day
  - Heparin
  - Effient (prasugrel)
  - Brilinta (ticagrelor)
  - Xarelto (Rivaroxaban) - 2 Days
  - Eliquis (Apixaban) - 2 Days
2. If you have an artificial heart valve, you need to talk to your primary care physician or cardiologist about using an alternative anticoagulant. Make sure the doctor doing your colonoscopy knows that you have a prosthetic valve.

## Diet Instructions

### One Day before the procedure

1. Do not eat or drink anything after midnight the night prior to your procedure.

### Day of the procedure

1. **Do not eat or drink anything** the day of the procedure. Your procedure will be cancelled if you eat or drink on this day.

## Cardiac Patients

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If you are being treated for hypertension/high blood pressure, continue to take your medication as directed. On the day of the procedure take the medication with **ONLY** a sip of water.

## Diabetic Patients

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If you are taking an oral hypoglycemic ("sugar pill"), **do not take** it the day of your procedure. Do not take your insulin on the day of your procedure. Call your PCP if you have any questions about your medicine during your preparation period.

## General Information

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1. You must arrive within ½ hour to one hour before the scheduled appointment according to the guidelines of the procedure location. Your entire stay for the procedure will be about 1 to 1 1/2 hours.
2. You are not allowed to take a taxi or public transportation home after the procedure. A friend or relative will need to drive you home, and someone will need to be with you for at least two hours to make sure there are no problems from the sedation or the procedure.
3. After the procedure, do not drive a car for the remainder of the day and do not make any important decisions until the following day.
4. Biopsy results are usually available within seven business days.
5. **Patients with pacemakers** need to inform our office when booking this appointment.
6. **Patients with internal defibrillators** must have the procedure at Condell Medical Center.
7. Separate Facility charges may be incurred.
8. Anesthesia services performed by Orion Anesthesia.
9. Pathology specimens are processed by an outside reference lab